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3. May 2022

Dear Dr. Eliad,

Assistance for Mr and Mrs Paterson

My parents Mr. Walter S. Paterson (NHS 420 606 8267) and Mrs. Myrtle D. Paterson (NHS 420 610 5650) are both registered with and have been for many years.

My father has been suffering from developing dementia over the last few years. He does not remember anything that happened just moments before and now has virtually no cognitive ability. This means he gets very anxious and frustrated, and can get a little angry. He is adamant that he will not leave the house for anything so is essentially housebound. He is unable to look after himself and cannot be trusted to take his medications.

My mother is my father's carer but she has her own heart problems. Within the last few weeks she has been becoming increasingly breathless with a minimum amount of exertion. Just recently she has been suffering from fluid build up on her legs and this has restricted her mobility. This makes it very hard for her to care for my father especially now as she has to spend periods of time in Watford General Hospital. My Father's dementia with constant questioning is an added burden for my mother.

Last month I arrived in the UK (I work voluntarily abroad) and was disturbed by their deteriorating condition. Having spoken to a few health professionals, they have all said I should contact you to find out what help, practical and financial, there is available and what can be done. I am not a care worker and am having difficulty arranging my own work.

Also, for blood tests, vaccinations etc, can those be done at home rather than at GMC? Making a journey is a stressful time days before an appointment is due.

Please acknowledge (email above) receipt of this letter and let me know how we can move forward.

Thank you

Yours sincerely

Alastair M. Paterson

PS. Included is a consent letter from my parents giving you permission to discuss their medical conditions with my sister and myself.