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Dr. S.Haji
Garston Medical Centre
6a North Western Avenue
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Dear Dr. Haji,

Mr Walter Paterson - Health Update

Thank you for contacting me about the FIT results for Mr. Walter S. Paterson (NHS 420 606 8267). As discussed earlier I have now provided a second stool sample for testing.

His bowel is still behaving erratically. Last week it was particularly difficult for a couple of days where he was suffering from periods of an almost continuous dribble of diarrhoea and discomfort. After going to the toilet and laying on his bed, a few minutes later he would say that he has the feeling of needing to go to the toilet again, but after getting to the toilet, often nothing would happen. One night I had to get up nine times.

A pharmacist suggested taking Fybogel and there has been an improvement in that the diarrhoea has stopped but I am wondering if he is now entering the constipation part of the cycle that has been occurring for the last few months.

When my father has the period of diarrhoea, is there any medication he can take?

Also, during this time and at other times, he can be very mentally active during the evening which is also putting pressure on my mother and myself. Because of his other medications, he is not allowed to take sleeping pills but is there anything he can take to tranquilise him? His dementia adds to the diarrhoea problems.

Thank you

Yours sincerely

Alastair M. Paterson